

WEEKLY

# MENU

## St Michaels Catholic College - Week 1



### Monday

### Tuesday

### Wednesday

### Thursday

### Friday

Pork Sausage with Red Onion Gravy

Beef Chilli Con Carne with Steamed Rice

Roast Chicken & Gravy

Madras Chicken Curry

Fish & Chips Friday

Barbecue Vegetable Sausage with Red Onion Gravy

Quorn Chilli Con Carne with Steamed Rice

Roast Yam, Butternut Squash, Parsnip & Chick Pea Sticky Rice

Quorn & Vegetable Madras Curry

Breaded Fish Fillet, Fish or Veggie Burger, Cheese & Tomato Pizza

Mash Potato, Green Peas or Baked Beans

Sweetcorn & Mixed Peppers or Salad

Roast Potato, Medley of Vegetable

Rice, Peas & Carrots

Chips, Mushy Peas Or Baked Beans

Jacket Potato with a Selection of Hot & Cold Fillings

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Apple & Oats Crumble with Custard

Vanilla Sponge & Custard

Jam Sponge Tart with Custard

Lemon Poppy Cake & Cream

Dessert of the Day

Hot Pasta Pots, Hot Wraps & Panini

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Hot Pasta Pots or Cheese & Tomato Panini

WEEKLY

**MENU**

St Michaels Catholic College - Week 2



**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

Spaghetti Bolognese

Beef Burger in Onion Gravy

Roast Gammon & Gravy

Spicy BBQ Sausage & Gravy

Fish and Chips Friday

Spaghetti Quorn Bolognese

Vegetable Burger in Onion Gravy

Three Cheese Roast Vegetable Gnocchi Bake

BBQ Quorn Sausage & Gravy

Breaded Fish Fillet, Fish or Veggie Burger, Cheese & Tomato Pizza

Garlic Bread, Green Beans

Potato Wedges, Salad

Herbed Roast Potato, Carrots & Courgette

Crushed Potato, Green Bean & Sweetcorn

Chips, Mushy Peas or Baked Beans

Jacket Potato with a selection of Hot & Cold Fillings

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Jacket Potato with a selection of Hot & Cold Fillings

Apple FlapJack

Syrup Sponge with Custard

Mixed Berry & Apple Crumble with Custard

Marble Cake with lightly whipped Cream

Dessert of the Day

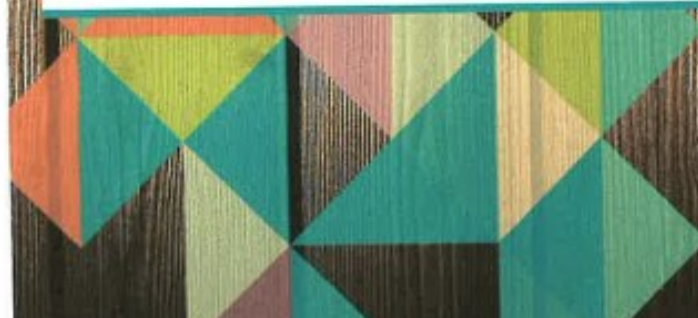
Hot Pasta Pots, Hot Wraps & Panini

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Hot Pasta Pots, Hot Wraps & Panini

Hot Pasta Pots, Hot Wraps & Panini



WEEKLY

# MENU

## St Michaels Catholic College - Week 3



**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

Beef Chilli Pasta Bake

Hot & Spicy Meatballs & Rice

Seasoned Roast Chicken & Roast Gravy

Beef Burger in a Bun

Fish and Chips Friday

Quorn Chilli & Sweet Pepper Pasta Bake

Macaroni & Cheese & Garlic Bread

Vegetable Ratatouille

Vegetable Burger in a Bun

Breaded Fish Fillet, Fish or Veggie Burger, Cheese & Tomato Pizza

Broccoli & Sweetcorn

Mixed Salad

Roast Potato, Green Bean & Carrot

Spicy Potato Wedge, Mixed Salad

Chips, Peas or Baked Beans

Jacket Potato with a Selection of Hot & Cold Fillings

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Jacket Potato with a Selection of Hot & Cold Fillings

Jacket Potato with a Selection of Hot & Cold Fillings

Jacket Potato with a Selection of Hot & Cold Fillings

Upside Pineapple Cake with Vanilla Sauce

Strawberry & Vanilla Cake

Bread & Butter Pudding & Custard

Cherrie & Pear Crumble with Custard

Dessert of the Day

Hot Pasta Pots, Hot Wraps & Panini

Hot Pasta Pots, Hot Wraps & Panini

Hot Pasta Pots, Hot Wraps & Panini

Hot Pasta Pots, Hot Wraps & Panini

Hot Pasta Pots, Hot Wraps & Panini

