

St Michaels Catholic College - Week 1



Monday

Tuesday

Wednesday

Thursday

				SAMPLE MINISTER MANAGEMENT AND ASSESSMENT OF THE PARTY OF
Chilli Con Carne Topped with Nacho's, Jalapenos & Cheese	Chicken in Blackbean Sauce	Roast Gammon & Gravy	Sausage & Mash with Gravy	Fish & Chips Friday
Steamed Rice	Vegetable Fried Rice	Roast Potatoes	Quorn Sausage & Mash with Gravy	Breaded Fish Fillet, Fish or Veggie Burger
Broccoli & Cauliflower Cheese Bake with Crushed Potato	Spring Roll with Vegetable Fried Rice	Potato & Leek Pie with Gravy	Mashed Potatoes	Cheese & Tomato Pizza
Green Beans & Sweetcorn	Broccoli & Sweetcorn	Baby Carrots & Green Beans	Green Peas or Baked Beans	Chips, Mushy Peas or Baked Beans
Jacket Potato with a selection of Hot & Cold Fillings	Jacket Potato with a selection of Hot & Cold Fillings	Jacket Potato with a selection of Hot & Cold Fillings	Jacket Potato with a selection of Hot & Cold Fillings	Jacket Potato with a selection of Hot & Cold Fillings
Marble Cake	Spiced Pineapple Sponge with Custard	Apple Crumble with Custard	FlapJack	Desert of the Day
Hot Pasta Pots, Hot Wraps & Panini	Hot Pasta Pots, Hot Wraps & Panini	Hot Pasta Pots, Hot Wraps & Panini	Hot Pasta Pots, Hot Wraps & Panini	Hot Pasta Pots, Hot Wraps & Panini







